



Young Carers in Scotland

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“A carer is anyone who cares, **unpaid**, for a friend or family member who due to illness, disability, mental health problem or an addiction cannot cope without their support.”

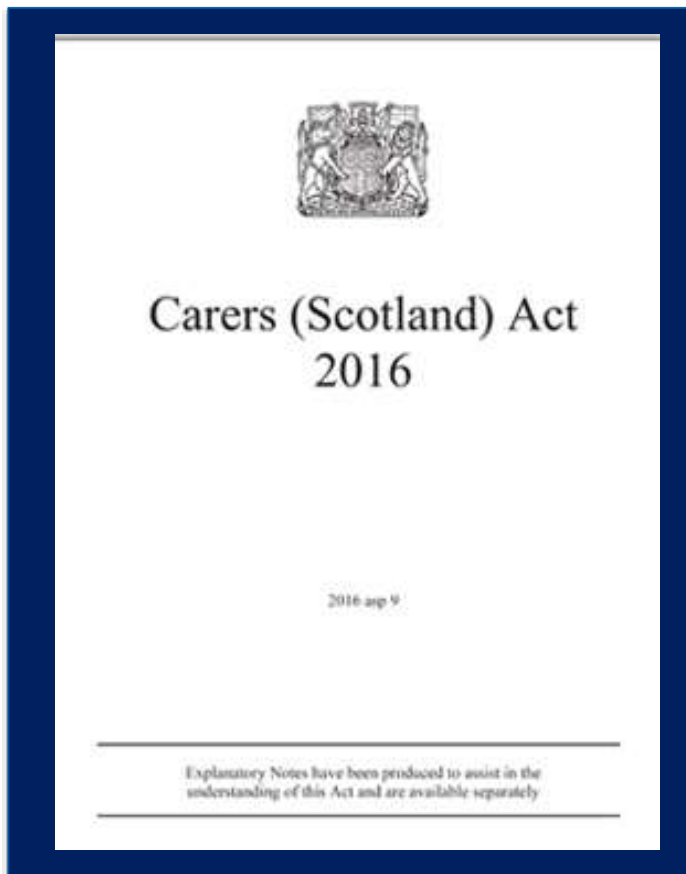
There are over **788,000 carers** across Scotland making a saving of **£10.8 billion** to the economy



A Young Carer is someone who is under the age of 18 who looks after someone in their family, or a friend, who is ill, disabled or misuses drugs or alcohol.

There are over **29,000 young carers** in Scotland
Some young carers look after more than one person and may have health issues of their own

Carers (Scotland) Act



Came into force in April 2018

Young Carer Statements

- for carers under 18, or over 18 but still at school

Adult Carer Assessments

- Care planning
- Hospital discharge plans
- Carer strategy

Moving from good practice to legal requirements

Young carers in schools

**1 in 10 pupils will have
a caring responsibility**

**1 in 20 will miss school
due to their caring role**

**39% said nobody in
their school was
aware of their caring
role**

**26% have been bullied
in school because of
their caring role**

I WANT SCHOOL
TO UNDERSTAND

#TIME TO BE HEARD @CarersTweets
#CARERS TRUST





What can you do?

Help them to link in with the local young carers services

Invite the local young carers service to come to your school. They can make presentations to pupils and staff

Dedicate classroom time to young carers



To find your closest young carers service
contact us at Carers Trust Scotland

0300 772 7701
scotland@carers.org



Thank you

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