



Scottish Guidance Association Annual Conference & AGM
Saturday 16th September 2023
Carnegie Conference Centre, Dunfermline

We are delighted to invite you to our annual event and look forward to welcoming you in person on the day. Please note that this event will not be recorded. The speakers below have confirmed their participation. Timings will be confirmed in due course.

Draft Programme:

09.30-10.00 Coffee and registration

10.00-10.10 Welcome & opening remarks
Lisa Finnie, President, Scottish Guidance Association

10.10- 11.00 Education Scotland: Health and Wellbeing - a national update
Tracy Johnston, Senior Education Officer for Health and Wellbeing Curriculum, Education Scotland

This will include information on the Pilot Curriculum Review Events, an update on the PSE Recommendations and an interactive activity

Biography: TJ joined Education Scotland in October 2021, after 20 years of teaching young people. She has held a range of different roles: Visiting Primary Physical Education Specialist; Teacher of Physical Education; Acting Principal Teacher of Pupil Care and Support and Principal Teacher of Health and Wellbeing. Latterly, she also worked as Deputy Principal Assessor for National 5 Physical Education at SQA.

Using the Healthy Schools Framework

Dr Elinor Steel, NHS Lanarkshire

This session will introduce delegates to the Healthy Schools Framework and will explore how it can be used to support delivery of PSE across Third and Fourth Levels, Senior Phase and our brand new IDL topics (Money and Vaping/E-cigarettes). We will briefly examine the Health Enhancing School Environment and Healthy Schools Partnerships sections of the website to demonstrate where they may provide additional support. <https://healthyschools.scot/>

Biography: Dr Steel worked as a PE teacher from 1993 in a variety of school settings before subsequently holding various national and local authority roles in PE/HWB. In her current role with Healthy School Scotland, she has developed the secondary aspects of the Healthy Schools Framework and offers support to schools with other NHS practitioners, partner organisations and third sector providers. [@elinor_steel](https://twitter.com/elinor_steel)

11.00 - 11.20

Coffee and networking on the Ground Floor Gallery

11.20 - 12.10

Suicide Prevention in Young People - the role of schools and the education system

Graeme Young, Scotland Manager, Papyrus- Prevention of Young Suicide

Delegates can expect to learn the extent of suicide in young people across the UK, the statistics and the impact that each suicide has. I will discuss the work that Papyrus does in our communities, schools and industry, our resources and their usefulness for schools and guidance teachers. www.papyrus-uk.org/

Biography: Graeme's role as the Scotland Manager for Papyrus-UK focuses on equipping young people and adults with the skills to create suicide safer communities. He has an extensive background in the Prison Service and Higher Education and is currently researching for a PhD in Community Building through restorative practice. He is passionate about suicide prevention, reducing the stigma and facilitating positive conversations around the subject.

[@GraemePapyrus](https://twitter.com/GraemePapyrus)

Man on Inverclyde Partnership to support wellbeing

Chris Paul, CEO Man On! Inverclyde

This presentation will look at the partnership work being done in Inverclyde with PGHS and Man On! Inverclyde as an innovative way to support the mental health and wellbeing of pupils. This will focus on the importance of relationships between organisations, the challenges and the benefits. www.manoninverclyde.co.uk

Biography: Chris is the CEO of Man On! Inverclyde, a suicide prevention and wellbeing promoting charity based in Greenock. He has worked within the 3rd sector since 2008, having previously had lived-experience of the youth justice system.

12.10 - 13.05

Online Child Sexual Exploitation, Abuse and Harassment and Harmful Digital Behaviour - Exploring and Understanding Current Challenges

Annabel Turner, Director, Cyber Safe Scotland

A relaxed session exploring attendees recent experiences of supporting and understanding digital harm, online child sexual exploitation and the normalisation of online abuse and harassment. Annabel will invite attendees to share experiences safely and will share learning from Cybersafe Scotland's most recent project - Respected and Safe Online - working to reduce online abuse and harassment against all children but particularly girls. There will also be the opportunity for further support for practitioners through a question and answer session.

Biography: Annabel is a specialist in online child protection, online child sexual exploitation, harassment and abuse. She practised as a barrister for 10 years before working with IJM on the International "Not on my Screen" campaign. She is a Director of Cybersafe Scotland, who provide evidence-based services for schools, professionals and parents. She chairs the Child Exploitation Group for Aberdeen Council - and has oversight of all cases involving online Child Sexual Exploitation and Child Criminal Exploitation in the North-East of Scotland. She has 2 children who adore Pokemon which makes her a Pokemum.

[@cybersafescot](https://www.facebook.com/cybersafescot) www.facebook.com/cybersafescot ; www.cybersafescotland.org

13.05 - 13.45

Lunch Break

- 13.45 - 13.55 **AGM**
- 13.55 - 14.35 **LGBT: Inclusive Education - A Showcase**
Jordan Daly, Director, & Liam Stevenson, Time for Inclusive Education (TIE)
This session aims to improve knowledge and understanding of how teachers can effectively engage with LGBT Inclusive Education in their own setting, and deliver this in alignment with the Scottish Government's expectations and national approach. Free teaching resources and professional learning designed to improve outcomes for learners will be showcased, and participants will consider how to take a proactive, educational approach to address prejudice related to being LGBT as part of a school's equality and inclusion ethos.
www.tie.scot & www.lgbteducation.scot
- Biography:** Jordan Daly is a Co-Founder and Director of Time for Inclusive Education, Scotland's LGBT Inclusive Education charity. TIE works with schools across Scotland to take a proactive educational approach to address the prejudice and bullying that LGBT young people can often experience. [@tiecampaing](https://twitter.com/tiecampaing)
- 14.40 - 15.20 **Preventing gender-Based Violence in Scottish Schools**
Angel McDonald, development Officer - Mentors in Violence Prevention
This session will discuss what is gender-based violence, how it impacts learners' health and wellbeing, and how to use a whole school approach to prevention. [MVP Blogs](#)
- Biography:** Angela has worked with Education Scotland for 6 years supporting the Mentors in Violence Prevention Programme and more widely gender inequality as part the Inclusion Wellbeing and Equalities team. She has a background in education, social work and third sector supporting vulnerable children and families. [@MVPScot](https://twitter.com/MVPScot)
- 15.20 **Plenary and closing remarks**
Lisa Finnie, President, Scottish Guidance Association

We hope that you enjoy the conference.

Don't forget to check us out on social media and our website!

www.scottishguidance.org.uk

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