



## Information for Schools

*Researchers from the Universities of Glasgow and St Andrews are establishing a new Scottish School Health Improvement Research Network and inviting schools to take part in its development.*

### **Why SHINE?**

- Pupil health and academic attainment are intertwined and closely inter-related.
- Wellbeing is a core value of the SHANARRI indicators (GIRFEC) and HGIOS 4 helping each child achieve their full potential.
- Developing high quality, collaborative, health improvement research in Scotland would benefit children, schools and policy makers.

### **Aims of SHINE**

SHINE aims to:

- Increase the availability and relevance of research results for use in school planning and development.
- Provide schools and policy makers with guidance on evidence-based health promotion programmes and interventions.
- Facilitate and support school-led initiatives to promote young people's health.
- Develop closer links between schools and researchers to make research more responsive to school needs.
- Advise schools on external requests for research participation and help identify the best studies to take part in.

## What are the benefits of being part of SHINE?

Schools that join the network will be offered:

- Integrated resources to support school health improvement activities with clear learning experiences and outcomes for pupils, including research briefings, webinars, curriculum materials, classroom and assembly sessions and online resources, with the opportunity to feedback and collaborate.
- Social and emotional education and development (SEED) resource guide, providing a range of ideas and materials to support pupils' social and emotional development in school.
- Professional development and network events to hear about the latest evidence-based research and best practice, and share experiences with other schools
- Opportunities to encourage Pupil Voice and Leadership by providing feedback to help make the network as useful as possible, and through piloting new research tools and processes.

## Why pilot a School Health Improvement Research Network in Scotland?

The success of the Welsh Schools Health Research Network ([www.shrn.org.uk](http://www.shrn.org.uk)), which has recruited 100% of Welsh schools, paves the way for positive, future development in the UK. The Scottish Government has already recognised the integral importance of Health and Well-being to pupil attainment and success in key initiatives such as Curriculum for Excellence, HGIOS 4, the Children and Young People Act 2014 and the Mental Health Strategy 2017-2027. A pilot in Scotland will:

- Ensure schools are full partners in the network's development, so it can be designed to be most useful to them.
- Evaluate how well the network fulfils its aims and objectives and whether there should be investment to implement it Scotland-wide.

## What will happen to the data schools provide?

All data will be held in accordance with GDPR and the Privacy Notice for SHINE.

## Further information

To find out more about the SHINE, please contact Mrs Dawn Haughton, SHINE Manager:

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